

# Canadian Living

## 2008 RECIPE INDEX

### Appetizers & Dips

Antipasto Platter	July	116
▼ Bubbling Cheese Dip	Nov	164
Camembert Cheesecakes	Jan	71
Chile Rellenos	Mar	134
Country Pâté	Jan	67
▼ Creamy Herbes de Provence Dip	May	140
Crispy Calamari	Sept	154
▼ Crispy Tortilla Chips	Nov	164
Gravlax	Jan	66
▼ Heirloom Tomatoes with Basil Lobster Cakes with Dilled Crème Fraîche on Greens	Sept	115
▼ Mini Cheddar and Onion Galette Bites	Aug	85
Mini Smoked Salmon Goat Cheese Quiches	May	142
Mini Smoked Salmon Quiches	May	143
▼ Mushrooms in Riesling	May	142
▼ Oatcakes	Oct	158
▼ Pawpaw Hot Sauce	Jan	66
Prosciutto and Cheddar Puffs	Aug	70
Puff Pastry Pissaladière	Oct	174
▼ Roasted Vegetable Hummus	Jan	68
Salt Fish Cakes	May	140
▼ Split Pea Fritters	Aug	66
▼ Tamarind Dip	Aug	66
Tangy Shrimp Cocktail	Aug	67
▼ Veggies and Creamy Parmesan Dip	May	135
▼ Veggies and Dip	Mar	118
▼ Warm Cherry Tomato Crostini	Sept	134
▼ Whisky Cheddar Spread	July	116
White Chocolate Cheesecake Dip	Jan	66
	May	143

### Beef, Lamb & Veal

Aromatic Beef Kabobs with Cucumber Yogurt	June	125
Beef, Barley and Corn Salad	Aug	62
Beef Ramen Soup	Mar	117
Black Bean Beef and Asparagus	May	118
Chunky Cheeseburgers	May	118
Classic Hamburgers	June	150
Family-Size T-Bone Steaks	June	150
Garlic Roast Beef and Gravy	June	142
Greek-Style Flank Steak	May	122
Grilled Flank Steak with Pebre	Oct	133
Honey and Beer-Braised Lamb	July	100
Jerk Beef Salad with Grilled Peppers	Nov	144
Lamb Burgers	Sept	110
Lamb Korma	June	152
Lamb Loin Chops with Pimiento Olive Butter	Apr	138
Lamb Shanks Braised in Balsamic Tomato Sauce	Apr	140
Liver and Caramelized Onions	Apr	142
Marinated Flank Steak Sandwiches	Apr	111
Meat Loaf Burgers	Nov	120
Mexican-Style Rib Eye Steaks and Peppers	June	152
Moroccan-Style Lamb Chops with Tomato Olive Salsa	July	91
Mushroom Pot Roast	July	91
Mustard-Breaded Lamb Rack with Braised White Beans	Jan	61
Mustard Garlic Flank Steak	Apr	132
Peppercorn Steaks	July	100
Roast Beef and Caramelized Onion Sandwich	July	96
	Feb	122

Roast Leg of Lamb with 40 Cloves of Garlic	Apr	132
Southwestern Braised Beef	Jan	82
Spanish-Style Butterflied Leg of Lamb with Red Onion Salsa	Apr	136
Spanish-Style Lamb Kabobs with Red Onion Salsa	Apr	136
Spiced Beef Kabobs	Dec	115
Steaks with Mushroom Shallot Sauce	July	98
Veal Gorgonzola Burgers	June	150

### Beverages

Black Russian Cocktail	Dec	185
Brandy Sour	Jan	67
Brown Cow Cocktail	Dec	185
Cherry Kir Royale	July	26
Classic Lemonade	June	166
Espresso Liqueur	Dec	183
Foxtrot	Jan	67
Fruity Yogurt Smoothies	Mar	125
Gibson	Jan	67
Ginger Beer Shandy	Aug	67
Hot Chocolate	Mar	153
Hot Pomegranate Apple Cider	Oct	138
Lime Squash	Aug	67
Manhattan	Jan	67
Mapletini on the Rocks	Nov	30
Mulled Cranberry Tea	Jan	82
Mulled Cranberry Wine	Jan	82
Nonalcoholic Cosmopolitans	May	140
Peppermint Patty Shooters	Dec	30
Pineapple Berry Smoothies	Mar	125
Pineapple Mimosa	Apr	122
Pitcher Cosmopolitans	May	140
Rhubarb Lemonade	June	166
Rhubarb Mint Mojito	June	137

Rum Punch	Aug	67
Sangria Lemonade	June	166
Shrunken Head Punch	Nov	163
Slushy Vodka Watermelon Lemonade	June	166
Sparkling Raspberry Lemonade	June	166
Spiced Fig Cocktail	Dec	30
Spiced Peach Cocktail	July	128
Spiced Peach Spritzer	July	128
Strawberry Mango Smoothies	Mar	125
Tequila Swizzles	Mar	135
Tom Collins Cocktails	June	167
White Russian Cocktail	Dec	185

## Breads, Quick & Yeast

Apple Raisin Oatmeal Muffins	Mar	123
▼ Bannock at Bows and Arrows	Oct	154
▼ Basic Crêpes	May	136
Blueberry Waffles	Mar	122
Bread Machine Roasted Garlic and Sun-Dried Tomato Loaf	Jan	85
Carrot Oatmeal Muffins	Mar	122
Cheddar and Sage Skillet Cornbread	Oct	177
▼ Cheddar Chive Biscuits	Apr	125
▼ Cheddar Garlic Bread	Jan	60
Chocolate Chip Waffles	Mar	122
Corn Bread	Dec	136
▼ Glazed Apple Cinnamon Puff	Dec	124
Hazelnut Scones	Sept	130
Kugelhopf Baba au Rhum	Oct	162
Multigrain Loaf	Oct	174
▼ Oatmeal Buttermilk Pancakes	Dec	185
▼ Pumpkin Chocolate Bread	Feb	129
Pumpkin Spice Muffins	Oct	172
Roasted Garlic and Sun-Dried Tomato Loaf	Jan	85
Sweet Corn and Blueberry Corn Bread	Aug	97
Tropical Fruit Oatmeal Muffins	Mar	123
Unbleached White Loaf	Oct	177
▼ Vegetable Herb Bread	Feb	125
▼ Whole Wheat Chive Crêpes with Spinach and Gruyère	Dec	123
Whole Wheat Loaf	Oct	177
Whole Wheat Pecan Waffles	Mar	122

## Breakfast

Baked French Toast with Berry Compote	Dec	121
Classic Eggs Benedict	Dec	123
▼ Eggs Florentine	Dec	123
▼ Eggs Neptune	Dec	123
▼ Glazed Apple Cinnamon Puff	Dec	124
▼ Island Lake Granola	Feb	120
▼ Oatmeal Buttermilk Pancakes	Dec	185
Smoked Salmon Eggs Benedict with Dill	Dec	123
▼ Sweet Potato Pancakes	Feb	120
▼ Whole Wheat Chive Crêpes with Spinach and Gruyère	Dec	123

## Cakes & Icings

Amaretto Cheesecake	Dec	148
Baby Carriage Cake	May	148
Beaver Cupcakes	July	134
Blueberry Pudding Cake	Aug	96
Carrot Snacking Cake	Sept	138
Cherry Cheesecake	Dec	150
Chocolate Cake	Nov	173
Chocolate Cappuccino Cheesecake	Dec	146
Chocolate Soufflé Cakes with Sherry Cream	May	137
Chocolate Strawberry Shortcake	June	144
Classic Sponge Cake	Apr	153
Creamy Chocolate Butter Icing	Nov	166
Creamy Vanilla Frosting	May	149
Dark Chocolate Raspberry Napoleon	July	108
German Chocolate Cake	Oct	168
Gluten-Free Fruit and Almond Cake with Candied Tangerines	Dec	153
Gluten-Free Peanut Butter Cheesecake	Dec	148
Igloo Cake	Jan	88
Jewel-Topped Cheesecake	Dec	146
Our Favourite Chocolate Layer Cake	Mar	150
Pear Cake with Walnut Streusel	Sept	129
Personal Peanut Butter Cheesecakes	Dec	148
Red Grapefruit Chiffon Cake	May	164
Scary Werewolf Cake	Nov	172
Werewolf Cub Cakes	Nov	173
White Buttermilk Cake	May	148
Wildflower Honey Cheesecake with Blueberry Compote	Aug	92

## Candies & Confections

Chai Tea Truffles	June	172
Earl Grey Chocolate Truffles	June	172
Pink Peppermint Marshmallows	Dec	180
Toasted Coconut Marshmallows	Dec	179
Vanilla Bean Marshmallows	Dec	179

## Condiments, Jams, Pickles, Sauces & Spreads

Anchovy Herb Butter	July	100
▼ Antipasto Pickles	Aug	76
Basil Aioli Dipping Sauce	Sept	154

Béchamel Sauce	May	136
Blueberry Compote	Aug	97
Blueberry Jam	July	126
Blue Cheese Butter	July	100
Caramelized Onions	June	148
Cherry Cranberry Sauce	Oct	140
Chile de Arbol Sauce	Dec	180
Chili Fruit Sauce	Sept	144
Chipotle Salsa	Sept	147
Cinnamon Clove Crab Apples	July	130
Classic Crème Anglaise	June	135
Corn Relish	Sept	145
Crab Apple Jelly	July	130
Crème Anglaise	Oct	170
Cucumber Yogurt	June	125
Dill Pickle Relish	Sept	148
Eggnog Crème Anglaise	Oct	170
English Brown Pickle	Sept	144
▼ Garlic Dill Spears	Aug	74
Grape Plum Jelly	July	128
▼ Green Curry Paste	May	160
Grilled Marinated Peppers	June	149
Minty Mayonnaise	June	149
▼ Jardinière	Aug	78
▼ Mango Sauce	Aug	67
Marinara Sauce	Nov	121
Orange Whisky Crème Anglaise	Oct	170
Peach Jam	July	124
Peach Melba Jam	July	126
Pear Butter	Sept	130
▼ Pickled Asparagus Spears	Aug	74
▼ Pickled Beets	Aug	78
Raspberry Coulis	July	110
Raspberry Red Currant Jelly	July	124
Rich Chocolate Sauce	Mar	153
Roast Tomato Sauce	Mar	135
Rum Pot Jam	July	124
Rum-Spiked Crème Anglaise	Oct	170
Sautéed Mushrooms	June	148
Spiced Maple Apple Pancake Sauce	Dec	185
Spiced Peaches	July	126
Spiced Pears	July	128
▼ Spicy Dilled Beans	Aug	74
Tahini Sauce	June	149
Tart-Sweet Cucumber Pickles	June	148
The Rossmount Lobster Garlic Butter	Aug	88
Tomato Pear Ketchup	Dec	131
Tomato Pizza Sauce	Sept	133
Vanilla Bean Crème Anglaise	Oct	170
▼ Whisky Cheddar Spread	Jan	66

## Cookies, Bars & Squares

Broomstick Cookies	Nov	166
Cardamom-Spiced Shells	Dec	166
Chocolate Bar Brownies	May	144
Chocolate Chip Cookies	Oct	170
Cinnamon Sandwich Cookies	Dec	168
Cocoa Sugar Cookies	Dec	176
Cranberry Lemon Squares	Oct	148
Crispy Seedy Oatmeal Cookie	Sept	138
Dairy-Free Chocolate Meringues	Dec	160
Dairy-Free Cranberry Almond Lemon Cornmeal Cookies	Dec	158
Double Chocolate Apricot Cookies	Feb	124
Fruitcake Bars	Dec	168

Gluten-Free Gingerbread Cookies	Dec	158	Mango Melon Salad	Aug	62	Greek-Style Seafood Kabobs	July	90
Gluten-Free No-Bake Church Window Cookies	Dec	156	Maple Walnut Ice Cream	July	138	Grilled Pickerel with Charmoulah	June	124
Gluten-Free White Chocolate Pistachio Cookies	Dec	156	Mini Orange Butter Cakes with Rhubarb Compote	June	135	Lober Cakes with Dilled Crème Fraîche on Greens	Aug	85
Hamantaschen	Mar	160	Mulled Poached Pears	Oct	144	Lobster Risotto	Aug	87
Hazelnut Chocolate Chip Bars	Oct	170	Pear Gingerbread Pudding	Feb	105	Lobster Thermidor	Feb	43
Maid of Honour Squares	May	143	Pear Strudel	Sept	129	Pan-Fried Tilapia with Ratatouille Sauce	Oct	133
Raspberry Cookie Stack	July	106	Plum Apple Crumble	Sept	118	Poached Salmon with Dill Mayonnaise	Apr	114
Reverse Chocolate Chip Cookies	Oct	170	Profiteroles	Jan	92	Potato Fish Chowder	Apr	110
Sour Cherry Chocolate Chunk Cookies	Oct	170	Rhubarb Sour Cherry Crisp	June	135	Roasted Corn and Lobster Chowder	Aug	87
Sparkly Ginger Cookies	Dec	166	Tangerine Sorbet	May	167	Roasted Halibut with Chile de Arbol Sauce	Dec	180
Spiced Chocolate Shortbread Pyramids	Dec	166	<b>Eggs &amp; Cheese</b>			Salmon, Asparagus and Watercress Salad	Aug	61
Spicy Molasses Cookies	Feb	105	Asparagus and Smoked Salmon Quiche	May	129	Salt Fish Cakes	Aug	66
Strawberry Shortbread	May	144	Bacon and Egg Mini Pita Pockets	Sept	133	Shore Lunch Whitefish	Oct	152
Super Chocolate Chunk Fudge Brownies	Mar	147	Baked French Toast with Berry Compote	Dec	121	Spice-Rubbed Salmon	Nov	157
Triple Chocolate Cookies	Mar	148	▼ Broccoli Soufflé	Dec	133	Tangy Shrimp Cocktail	May	135
Vanilla Almond Crescents	Dec	168	Camembert Cheesecakes	Jan	71	Thai Squash Soup with Shrimp	Jan	60
Witch's Hat Cookies	Nov	166	Chile Rellenos	Mar	134	Thai-Style Curried Mussels	Dec	116
<b>Desserts</b>			Classic Eggs Benedict	Dec	123	Tuna Niçoise Pasta	Apr	148
Apple Brown Betty	Nov	122	Crêpes with Ham, Asparagus and Gruyère Cheese	May	136	Tuna Pasta Salad	Sept	135
Blueberries and Ginger Cream Meringues	Aug	92	Egg and Bacon Spinach Salad	Jan	62	Whole Grilled Trout with Lemon Parsley Butter	July	118
Blueberry Compote	Aug	97	▼ Eggs Florentine	Dec	123	<b>Miscellaneous</b>		
Blueberry Nectarine Salad	Aug	62	Eggs Neptune	Dec	123	Chocolate Cookie Dough	Nov	168
Cardamom Chocolate Cream Shots	Nov	158	Homemade Paneer	Dec	131	Cooked Lobster and Stock	Aug	88
Chocolate Cream Pear Tart	Sept	126	Mini Smoked Salmon Goat Cheese Quiches	May	143	▼ Crispy Tortilla Chips	Nov	164
Chocolate Cream Shots	Nov	158	Mini Smoked Salmon Quiches	May	142	Decorator Icing	Dec	158
Chocolate Pudding	Mar	147	▼ Mushroom Fried Rice	May	119	Eerie Ice Cubes	Nov	30
Citrus Madeleines	May	164	Omelette	May	119	Gingerbread Cookie Dough	Dec	173
Crêpes Suzette	May	167	Open-Faced Bacon and Tomato Omelette	Mar	125	Gingerbread Ski Chalet	Dec	173
Dairy-Free Vanilla Soy Milk Panna Cotta with Ginger Grapefruit Sauce	Dec	154	Open-Faced Ham and Cheese Omelette	Mar	125	Gruyère Croûtes	Nov	129
Frozen Strawberry Rhubarb Mousse	June	137	▼ Open-Faced Potato and Cheese Omelette	Mar	125	Homemade Chicken Broth	Mar	140
Gourmet S'mores	Dec	180	Pack-and-Go Chef's Salad	Sept	136	Homemade Chicken Stock	Nov	133
Grapefruit Tangerine Sorbet	May	167	▼ Perfect Poached Eggs	Apr	123	Homemade Vegetable Stock	Nov	133
Honey Ice Cream	Sept	120	Roasted Asparagus with Poached Eggs and Champagne Beurre Blanc	May	127	Lamb Stock	Apr	140
Honey-Roasted Pears	Sept	126	Smoked Salmon Eggs Benedict with Dill	Dec	123	Montreal-Style Steak Spice	July	100
Individual Lime Soufflés	May	166	▼ Swiss Chard Gratin	Feb	101	Pumpkin Croutons	Nov	129
Kugelhopf Baba au Rhum	Oct	162	▼ Whisky Cheddar Spread	Jan	66	Porcini Salt	July	100
Lemon Sorbet	May	167	<b>Fish &amp; Seafood</b>			Rhubarb Syrup	June	139
			Anytime Seafood Bake	Nov	142	Rosemary Oil	Nov	129
			Asparagus and Smoked Salmon Quiche	May	129	Royal Icing	Dec	173
			Breaded Fish Fingers with Sweet Potato Oven-Fries	Mar	118	Royal Icing Paint	Dec	176
			Brown Butter Linguine and Scallops	Feb	102	Seasoned Schmaltz	Dec	183
			Cajun Fillets with Steamed Vegetables	Sept	110	Turkey Giblet Stock	Dec	138
			Chili Barbecued Shrimp	June	142	<b>Pasta, Pizza &amp; Noodles</b>		
			Chili Garlic Shrimp with Snow Peas	May	118	Artichoke Pesto Linguine	Apr	150
			Citrus Cumin Catfish	Mar	137	Brown Butter Linguine and Scallops	Feb	102
			Cooked Lobster and Stock	Aug	88	▼ Curly Pasta with Tomato Sauce	Mar	117
			Cooked Lobsters	Nov	142	▼ Feta Green Pea Orzo	Oct	133
			Crispy Calamari	Sept	154	▼ Garlic Shrimp Spaghetti	Apr	146
			Fish Fillets Provençale	Nov	120	Penne with Tomato Lentil Sauce	Apr	151
			Fresh Salmon Burgers	June	148	Rotini with Sausage Eggplant Sauce	Apr	146
			Garlic Shrimp Spaghetti	Apr	146	▼ Soba Noodles	June	126
			Gravlax	Jan	66	▼ Spaghetti with Chunky Tomato Sauce	Sept	111
						▼ Spaghetti with Roasted Cherry Tomato Sauce and Basil	Oct	132
						Stove-Top Macaroni and Cheese	Apr	150
						Tex-Mex Pizza	Feb	100
						Tuna Niçoise Pasta	Apr	148

## Pies, Pastries & Tarts

Chocolate Mousse Pie	Mar	148
Creamy Lemon Meringue Pie	Apr	126
Double-Crust Sour Cream Pastry	Oct	168
Gluten-Free Apricot Fig Tarts	Dec	153
Lattice Jam Tart	July	120
Lemon Cheesecake		
Streusel Pie	May	166
Maple Butter Tarts	Oct	166
Maple Chocolate Butter Tarts	Oct	166
Maple Pecan Butter Tarts	Oct	166
Partridge or Pheasant Pie	Jan	74
Peach Melba	July	92
Prizewinning Apple Pie	Oct	166
Puff Pastry Pissaladière	Jan	68
Quick Puff Pastry	Jan	68
Quick Puff Pastry	July	113
Raspberry Coconut Cream Tart	July	113
Raspberry Goat Cheese Tart	July	106
Rhubarb Black Raspberry Galettes	June	132
▼ Roasted Tomato Goat Cheese Tart	Dec	121
Sablé Pastry	July	108
Single-Crust Sour Cream Pastry	Oct	168
Single-Crust Sweet Pastry Pie Shell	May	166
Sour Cream Pastry	May	143
Treacle Tart	Feb	106
▼ Vegan Tourtière	Dec	131
▼ Vegetarian Tourtière	Dec	129
Wild Blueberry and Peach Galette	Aug	94

## Pork

Bacon-Wrapped Tenderloin Kabobs	Feb	133
Braised Pork, Potatoes and Beans in White Wine Sauce	Feb	133
Charcroute Garni	Oct	158
Charcroute Garni with Pork Roast	Oct	160
Country Pâté	Jan	67
Curly Hotdog Snakes	Nov	164
Fennel and Tomato Pork Stew	Jan	62
Ham and Cheese Western Sandwiches	Apr	111

## Ham Hock Hash and Poached Eggs

Apr	123	
Meat Loaf Burgers	June	152
Mediterranean Pork and Vegetable Meat Loaf	Feb	138
Mustard Sage Pork Chops	Feb	100
Pork and Napa Salad	Aug	60
Pork Burgers	June	152
Pork Chops with Bread Crumb Persillade	Nov	122
Pork Marsala	Dec	115
Pork Saltimbocca	Feb	138
Pork Tenderloin with Creamy Cider-Herb Sauce	Oct	134
Pork Tenderloin with Mushroom Pan Sauce	Sept	112
Pork with Maple Barbecue Dipping Sauce	Mar	116
Rice Noodles with Pork	May	120
Rosemary Sage Rack of Pork Sausage, Fennel and Pepper Skewers with Orzo Salad	June	125
Sausage Minestrone	Nov	129
Seared Pork Chops with Caraway	Feb	140
Smoked Pork Chops with Caraway	Feb	140
Vietnamese Pork Chops	July	90

## Poultry, Game & Stuffing

Aromatic Chicken	Nov	146
Basque-Style Chicken	Dec	114
Bison Burgers	June	148
Broiled Quail with Braised Fennel	Jan	75
Caramelized Onion and Apple Stuffing	Jan	76
Chicken Burgers	June	150
Chicken Caesar Salad with Garlic Croutons	Nov	121
Chicken Cheddar and Apple Sandwich	Feb	120
Chicken Chili	Jan	61
Chicken Chili Burritos	Mar	116
Chicken, Peach and Spinach Salad	Aug	60
Chicken Soup with Wontons	Mar	142
Coriander Pesto Chicken Salad	Oct	132
Crispy-Skinned Steamed Duck	Jan	78
Egg and Orzo Chicken Soup	Mar	144
Ginger Soy Chicken Skewers	June	124
Goose Stock	Jan	78
Grilled Chicken	Aug	70
Grilled Chicken Sandwich	June	155
Homemade Chicken Broth	Mar	140
Homestyle Chicken Noodle Soup	Mar	144
Hot Turkey Sandwich with Gravy	Apr	112
Italian-Style Chicken Breasts	July	92
Normandy-Style Roast Guinea Hens	Jan	74
Partridge or Pheasant Pie	Jan	74
Piri-Piri Cornish Hen	Feb	101
Pozole	Mar	135
Roast Stuffed Goose	Jan	76
Roast Turkey with Chestnut Corn Bread Stuffing	Dec	134
Roast Turkey with Chestnut Stuffing	Dec	136

## Rolled Turkey Breast with Artisanal Bread Stuffing

Oct	138	
Smoked Turkey Hash	Apr	123
Spinach Salad with Chicken and Fruit	July	78
Sweet-and-Sour Pineapple Chicken	May	119
The Caribou TV Dinner	Oct	154
Turkey Black Bean Chili	Sept	111
Vietnamese Chicken Noodle Soup	Mar	142

## Preserves

Rhubarb Grapefruit Marmalade	June	139
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## Rice, Grains & Legumes

▼ Bean and Grain Salad	July	80
▼ Braised White Beans	Apr	134
Chicken Chili	Jan	61
▼ Citrus Quinoa	Nov	146
Cookup Rice	Aug	68
▼ Green Rice	Jan	86
▼ Grilled Corn and Black Bean Salad	Sept	134
▼ Herb Rice	July	91
▼ Lemon Lentil Soup	Jan	60
Lentil Stew	Nov	158
Lobster Risotto	Aug	87
▼ Maple-Baked Beans	Nov	166
▼ Miso-Glazed Tofu Vegetable Brochettes	June	126
Smoked Cheese Risotto	Dec	114
Soupy Lentil Stew	Nov	158
▼ Split Pea Fritters	Aug	66
▼ Steamed Jasmine Rice	Nov	148
▼ Thai Green Curry with Tofu and Vegetables	May	158
▼ Tofu-Stuffed Eggplant with Mushroom Ragout	Nov	150
Turkey Black Bean Chili	Sept	111
▼ TVP Tacos	May	154

## Salads & Dressings

▼ Avocado Green Salad	Feb	100
Bacon, Roquefort and Romaine Salad	June	142
Balsamic Vinaigrette	Jan	83
▼ Bean and Grain Salad	July	80
Beef, Barley and Corn Salad	Aug	62
▼ Beet Salad	Oct	160
Blueberry Nectarine Salad	Aug	62
Boston Lettuce Salad with Green Goddess Dressing	Apr	122
▼ Cabbage and Cauliflower Salad	July	82
Chicken Caesar Salad with Garlic Croutons	Nov	121
Chicken, Peach and Spinach Salad	Aug	60
▼ Coriander Chili Dressing	July	84
Coriander Pesto Chicken Salad	Oct	132
▼ Couscous and Three-Bean Salad	May	156
Creamy Caesar Dressing	Sept	150
Creamy Dill Ranch Dressing	Jan	83
▼ Cucumber Mustard Salad	Oct	162
Egg and Bacon Spinach Salad	Jan	62



Green Salad with Parmesan Vinaigrette	Nov	156	✓ Grilled Vegetable Sandwich	June	155	✓ Grilled Eggplant	July	92
✓ Grilled Corn and Black Bean Salad	Sept	134	Ham and Cheese Western Sandwiches	Apr	111	✓ Grilled Peppers	Sept	116
✓ Grilled Radicchio Salad	June	126	Ham Pickle Spread	May	141	✓ Grilled Radicchio	June	126
✓ Grilled Vegetable Pasta Salad	Aug	61	Hot Turkey Sandwich with Gravy	Apr	112	✓ Grilled Vegetable Sandwich	June	155
Jerk Beef Salad with Grilled Peppers	Sept	110	Marinated Flank Steak Sandwiches	Nov	120	✓ Heirloom Tomatoes with Basil	Sept	115
✓ Mandarin Spinach Salad	Jan	62	✓ Pimiento Cheese Spread	May	141	✓ Honey-Roasted Carrots	Nov	146
Mango Melon Salad	Aug	62	✓ Pinwheel Sandwiches	May	141	✓ Lemon Kale with Chickpeas	Feb	110
✓ Mint Poppy Seed Dressing	July	84	✓ Ratatouille Calzones	May	156	✓ Lightened-Up Eggplant Parmigiana with Marinara Sauce	Nov	121
✓ Mixed Greens with Chive Vinaigrette	May	137	Roast Beef and Caramelized Onion Sandwich	Feb	122	✓ Maple Mustard Carrots	Feb	112
✓ Mixed Greens with Ginger Vinaigrette	June	124	✓ Square Sandwiches	May	141	✓ Mashed Potatoes with Celery Root	Oct	142
Pack-and-Go Chef's Salad	Sept	136	✓ Triangle Sandwiches	May	141	✓ Moroccan-Spiced Squash Purée	Feb	110
✓ Parsley Lemon Dressing	July	84	✓ Tuna Olive Salad	May	141	✓ Orange-Glazed Beets	Feb	110
✓ Pork and Napa Salad	Aug	60	<b>Soups &amp; Stews</b>					
✓ Radicchio, Spinach and Walnut Salad	Oct	138	Bean and Ham Hock Soup with Kale and Croutons	Feb	135	✓ Paprika-Dusted Corn on the Cob	July	120
✓ Rice and Lentil Salad	May	152	Beef Ramen Soup	Mar	117	✓ Paprika-Roasted Parsnips and Carrots	Nov	122
Rice Vermicelli Salad	July	90	Chicken Soup with Wontons	Mar	142	Perfectly Crisp Roast Potatoes	Dec	183
Roasted Red Pepper Coulis	Jan	71	✓ Cream of Asparagus Soup	May	130	✓ Potato and Parsnip Purée with Horseradish	Dec	143
✓ Salad of White and Green Asparagus with Fiddleheads	May	126	Cream of Mushroom Soup	Nov	129	Purple Chorizo Potatoes	Mar	137
Salmon, Asparagus and Watercress Salad	Aug	61	Creamy Leek and Potato Soup	Nov	129	✓ Roasted Brussels Sprouts and Shallots	Dec	142
✓ Shredded Brussels Sprout Salad	Oct	134	Egg and Orzo Chicken Soup	Mar	144	✓ Roasted Cauliflower with Lemon Butter	Feb	102
✓ Spicy Cucumber Salad	Aug	70	Homestyle Chicken Noodle Soup	Mar	144	✓ Roasted Garlic	Nov	144
✓ Spinach, Radicchio and Radish Salad	Dec	116	✓ Lemon Lentil Soup	Jan	60	✓ Roasted Root Vegetables	Oct	142
Spinach Salad with Chicken and Fruit	July	78	Mushroom Cappuccino	Nov	156	✓ Roasted Roots with Balsamic Vinaigrette	Dec	142
Thousand Island Dressing	Sept	136	Onion Soup with Gruyère Croûtes	Nov	127	✓ Rosemary Scalloped Potatoes	Dec	142
✓ Three Bean Salad	June	128	Potato Fish Chowder	Apr	110	✓ Sautéed Garlic Greens	Apr	123
✓ Tomato Mint Salad	Dec	115	Pozole	Mar	135	✓ Sautéed Mushrooms	Mar	128
Tuna Pasta Salad	Sept	135	Roasted Corn and Lobster Chowder	Aug	87	✓ Spinach and Rapini Curry with Paneer	Dec	131
✓ Vegetarian Chef's Salad	Apr	110	Roasted Sweet Potato Soup	Nov	127	✓ Stir-Fried Brussels Sprouts	Oct	142
			Sausage Minestrone	Nov	129	✓ Stir-Fried Shiitake Mushrooms and Bok Choy	Dec	143
			Scotch Broth	Apr	140	✓ Stir-Fried Spiced Cabbage	Feb	110
			Smoky Cream of Mushroom Soup	Feb	124	✓ Sweet Potato Pancakes	Feb	120
			✓ Springstone Soup	May	152	✓ Swiss Chard Dolmas with Tomato Sauce	Dec	131
			Thai Squash Soup with Shrimp	Jan	60	✓ Swiss Chard Gratin	Feb	101
			Vietnamese Chicken Noodle Soup	Mar	142	✓ Tofu-Stuffed Eggplant with Mushroom Ragout	Nov	150
			<b>Vegetables</b>					
			✓ Asparagus, Mushroom and Red Pepper Strudel	May	130	✓ Twice-Baked Parmesan Rosemary Sweet Potatoes	Feb	112
			Baby Bok Choy with Shiitake Mushrooms	May	120	✓ = Vegetarian Dishes		
			✓ Balsamic Bok Choy	Nov	120			
			✓ Balsamic Grilled Vegetables	July	120			
			✓ Best Bean Toss	Feb	101			
			✓ Boiled Potatoes with Curly Endive	July	90			
			Braised Fennel	Jan	75			
			Broccoli and Pancetta Sauté	Feb	110			
			✓ Broccoli Soufflé	Dec	133			
			✓ Cauliflower and Celery Purée	Feb	102			
			✓ Cheddar Cauliflower with Sun-Dried Tomato Herb Butter	Sept	112			
			Chile Rellenos	Mar	134			
			✓ Creamed Spinach	Apr	112			
			Crispy French Fries with Mustard Mayonnaise	June	144			
			Crispy Oven Fries with Mustard Mayonnaise	June	144			
			✓ Crispy Smashed Fingerling Potatoes	Sept	116			
			✓ Garlic Sautéed Rapini	Sept	116			