

Canadian Living 2009

RECIPE INDEX

Appetizers & Dips

▼ Baba Ghanoush and Sesame Seed Cups	Jan	84	Goat Cheese and Roasted Pepper Canapés	Jan	92	Reuben Canapés	Jan	90
Beer Barbecue Sauce			▼ Goat Cheese and Sun-Dried Tomato Mushrooms	Jan	88	▼ Russian-Style Stuffed Eggs	Jan	84
Wings with Mustard Dip and Crudités	Mar	143	▼ Greek Salad Cucumber Bites	Jan	88	Sesame Teriyaki Chicken Bites	Jan	86
Beijing-Style Boiled Peanuts	Feb	91	Green Olive and Paprika Shrimp Cocktail	Jan	90	Shrimp and Dill Salad		
▼ Blue Cheese and Walnut Mushrooms	Jan	88	▼ Herb and Garlic Niçoise Olives	Jan	18	Cucumber Bites	Jan	86
▼ Boursin and Green Onion Mushrooms	Jan	88	Honey Garlic Sesame Wings with Tahini Dip and Crudités	Mar	140	▼ Smashed Beans on Toast	Mar	127
Buffalo-Style Wings with Blue Cheese Dip and Crudités	Mar	139	Indian-Spiced Wings with Cucumber Coriander Dip and Crudités	Mar	143	▼ Smashed Pea Crostini	June	94
Cheddar Cheese Toasts	Nov	114	Latkes with Herring			Smoked Salmon		
▼ Chickpea Falafels	Dec	102	Apple Salad	Dec	99	Cucumber Bites	Jan	88
Citrus Herb Chicken Bites	Jan	86	Lemon Tuna Salad Cups	Jan	84	Smoked Salmon Stuffed Eggs	Jan	84
Classic Shrimp Cocktail	Jan	88	Liver Pâté and Caramelized Onion Canapés	Jan	92	Smoked Trout and Boursin Canapés	Jan	92
▼ Classic Stuffed Eggs	Jan	83	Mediterranean Shrimp Cocktail	Jan	90	Smoked Whitefish Croquettes	Dec	102
▼ Coriander and Cumin Straws	Jan	86	▼ Mexican-Style Stuffed Eggs	Jan	84	Sour Cream and Caviar		
Crab and Mango Salad			Mini Artichoke and Shallot Quiches	Jan	84	Cucumber Bites	Jan	88
Cucumber Bites	Jan	88	▼ Mini Double-Cheese and Spinach Quiches	Jan	86	Spiced Lamb Samosas	Dec	101
▼ Cream Cheese and Hot Pepper Jelly Cups	Jan	84	Mini Mushroom and Ham Quiches	Jan	84	▼ Spicy Lemon Kalamata Olives	Jan	18
Creamy Avocado Dip	Jan	90	Mini Quiches Lorraine	Jan	84	▼ Sun-Dried Tomato and Artichoke Dip	Nov	146
Creamy Caramelized Onion Dip	Jan	90	Mini Shrimp and Smoked Paprika Quiches	Jan	86	▼ Tapenade and Marinated Feta Cups	Jan	84
Creamy Curry Dip	Jan	90	Nacho Wings with Guacamole Dip and Crudités	Mar	139	Tapenade Straws	Jan	86
Creamy Gremolada			▼ Parmesan and Poppy Seed Straws	Jan	86	Tempura Isobe Age	Dec	100
Mushrooms	Jan	88	▼ Parsley and Fleur de Sel Straws	Jan	86	Thai Shrimp Cocktail	Jan	90
Creamy Herb Dip	Jan	90	Peanut Chicken Bites	Jan	86	Western-Style Stuffed Eggs	Jan	84
Creamy Red Pepper Dip	Jan	90	▼ Pesto Puff Pastry Straws	Jan	86			
Crispy Flour-Dusted Wings with Parsley Dip and Crudités	Mar	140	Pesto Salami Canapés	Jan	92			
Crispy Pan-Fried Kreplach	Dec	101	Pineapple Shrimp Cocktail	Jan	90			
Curried Chicken Bites	Jan	86	Potted Cheddar with Port	Nov	112			
Curried Chicken Salad Cups	Jan	84	Prosciutto and Cheddar Mushrooms	Jan	88			
▼ Fava Falafels	Dec	102						
Five-Spice Chicken Bites	Jan	86						
▼ Garlic Cucumber Strips	Feb	91						

Beef, Lamb & Veal

Beef and Cabbage Borscht	Oct	124
Beef and Dill Dumpling Filling	Feb	98
Beef or Bison Kabobs with Montreal Steak Spice	July	98
Beef Tenderloin Medallions with Red Wine		
Mushroom Sauce	Dec	94
Beer Braised Beef	Oct	146
Black Bean Beef and Vegetable Stir-Fry	Oct	114
Blue Cheese and Peppercorn Tenderloins	Feb	74

Blue Cheese–Stuffed Bacon Burgers	July	107
Chinese Steamed Beef Patty	Nov	100
Classic Beef Burgers	July	110
Corned Beef Hash	Mar	112
Feta and Lamb Burger Pitass	July	112
Flank Steak Sandwich with Pepper Sauce	Sept	73
Grilled Beef Salad	July	86
Ground Beef Curry	Sept	80
Lamb and Basil Stir-Fry	Sept	92
Lamb Chops with Orzo Salad	July	87
Lima Bean and Lamb Stew	Mar	126
Orange Chili Crispy Beef Strips	Feb	95
Osso Buco	Mar	146
Oven-Braised Barbecue Brisket	Apr	124
Pot Roast with Parsnips, Turnips and Pearl Onions	Apr	121
Red Wine Garlic Pot Roast	Dec	139
Rib Eye Steaks with Herb Butter	Aug	58
Roast Beef with Mushroom Gravy	Apr	122
Roast Prime Rib with Rosemary Red Wine Jus Lié	Apr	121
Rosemary Rack of Lamb	Feb	75
Rotisserie Prime Rib	Apr	126
Soy-Marinated Flank Steak	June	87
Steak House Beef Ribs with Stout Barbecue Sauce	June	103
Three-Bean and Beef Chili	Apr	115
Veal Patty Melts	July	110
Wild Leek and Beef Stir-Fry	May	131
Wine-Braised Brisket	Nov	148
Yogurt Lamb Kabobs with Kachumber Salad	Aug	59

Beverages

Bay Breeze Cocktail	Dec	111
Blood Orange Juice	Mar	113
Bloody Mary	Dec	111
Blueberry Rooibos Iced Tea	July	121
▼ Chocolate Soy Banana Smoothie	May	136
▼ Chocolate Soy Coffee Banana Smoothie	May	136
▼ Chocolate Soy Peanut Butter Banana Smoothie	May	136
▼ Chocolate Soy Strawberry Banana Smoothie	May	136
Grapefruit Mineola Juice	Mar	113

Peach Sangria	Aug	75
Pink Champagne Mocktail	Jan	18
Strawberry Lemonade	June	136
The Ice Queen	Feb	22
The Icicle	Feb	22
Vodka Fizz	Dec	111

Breads, Quick & Yeast

Almond Crumble Peach Muffins	Aug	77
Bacon Cornmeal Waffles with Poached Eggs	May	112
Chive Crêpes	Apr	145
Classic Baguette	Oct	176
Corn Bread	Dec	132
Cornmeal Green Onion Biscuits	Oct	130
▼ Double Chocolate Chip Waffles with Bananas and Strawberry Coulis	May	111
Dutch Baby	Mar	111
Épi de Blé	Oct	176
▼ Garlic Flatbread	July	88
Goat Cheese Spelt Biscuits	Dec	112
▼ Green Onion Quick Bread	Sept	80
Home-Style Caraway Rye Bread	Oct	132
Honey Oatmeal Rolls	Oct	132
Lemon Ricotta Pancakes with Berry Compote	July	117
Mini Choux Puffs	Dec	122
Multigrain Apple Cinnamon Buttermilk Pancakes	Mar	113
Multigrain Loaves	Oct	127
Multigrain Pancakes	July	119
Multigrain Rolls	Oct	127
▼ Oatmeal Scones	May	110
Oats and Whole Wheat Flatbread	Dec	108
Onion Biays	Oct	128
Pâté-Filled Mini Choux Puffs	Dec	122
Puto	Oct	130
Simple Soda Bread	Apr	100
Taralli	Apr	110
Whole Wheat Honey Oat Loaf	Oct	132
Yorkshire Pudding	Apr	124

Breakfast

Chai-Spiced Baked Oatmeal with Almonds and Blueberries	Mar	112
Cheddar Cornmeal Porridge	Nov	106
Country Breakfast Bowls	May	110
Fruit-and-Nut Granola	Mar	111
Kasha with Brown Butter Pears	Nov	106
Maple-Baked Grains with Bananas and Pecans	Nov	106
▼ Rhubarb Raspberry Breakfast Parfaits	May	112
Steel-Cut Oats with Tropical Fruits	Nov	106

Cakes & Icings

Alison's Dad's Fruitcake	Dec	151
Almond Cupcakes	May	140
Amaretto Cheesecake with Poached Peaches	Aug	81
Angel Food Cake with Strawberries and Lemon Cream	July	82

Apple Spice Pudding Cake	Nov	150
Baked Pear Batter Cake	Nov	158
Banana Buttermilk Cupcakes	May	140
Blueberry Coffee Cake	Aug	60
Brown Sugar Cheesecake with Caramel Apples	Oct	171
Butter Icing	May	142
Butter Icing	July	133
Carrot Spice Cupcakes	May	142
Chilled Chocolate Spread	May	144
Chocolate Icing	Feb	103
Coconut Pecan Icing	Feb	103
Cream Cheese Icing	May	142
Cupcakes with Toasted Seven-Minute Frosting	May	142
Dad's Big Fish	July	126
Designer Handbag	July	129
Easy Chocolate Cake	July	133
German Chocolate Topping	May	144
Ginger Shortcakes with Oven-Roasted Plums	Sept	104
Lemon Lime Cupcakes	May	140
Marzipan	Dec	154
Milk Chocolate Cupcakes	May	140
Plum Upside-Down Cake	Sept	109
Poodle Cake	July	126
Rheanna's Gramma's Guyanese Guide Cake	Dec	152
Roasted Squash Cake	Oct	168
Rock Star Cake	July	131
Royal Icing	Dec	154
Seven-Minute Frosting	May	142
Smooth Chocolate Glaze	May	144
White Bright Fruitcake	Dec	150

Candies

Bite-Size Fruit Balls	Dec	174
Chocolate Goat's Milk Fudge	Dec	172
Puffed Rice Brittle	Dec	173
Sesame Snaps	Dec	174
▼ Sour Cherry and Almond Chocolate Bark	May	134

Condiments, Jams, Mixes & Sauces

African Adobo Spice Mix	Aug	64
Avocado Green Tomato Salsa	Aug	66
Basil Pesto	June	115
Black Bean Corn Salsa	Aug	63
Cajun Spice Mix	Aug	64
Charred Tomato Fennel Salsa	Aug	64
Coriander Chutney	Apr	140
Coriander Chutney	Dec	102
▼ Cucumber Shiso Pickles	May	120
Fresh Cranberry Relish	Oct	140
Kumquat Chutney	Dec	108
Marinated Onion	June	115
Mole Spice Mix	Aug	64
Orange Spice Mix	Aug	64
Quick Cucumber Pickles	June	87
Quick Zucchini Pickles	Aug	72
Roasted Mushroom Salsa	Aug	63
Strawberry Mint Freezer Jam	June	134
Strawberry Raspberry Freezer Jam	June	136
Sun-Dried Tomato Pesto	June	115
Sweet-and-Sour Onion Chutney	Dec	129
Tahini Sauce	Dec	102
Tomato Pizza Sauce	June	112
Tomato Tomatillo Salsa	Aug	66

Cookies, Bars & Squares

Apple Chocolate Chip Cookies	Dec	174
Brazil Nut Blondies	Jan	95
Butter Tart Squares	July	102
Cakey Chocolate Brownies	Feb	103
Chocolate-Almond Shortbread	Jan	96
Chocolate Cappuccino Brownie Cheesecake Squares	Feb	103
Chocolate Fudge Walnut Brownies	Feb	105
Chocolate Gingerbread Cookie Dough	Nov	164
Chocolate Mint Nanaimo Bars	Jan	96
Cocoa Sugar Cookie Dough	Nov	168
Coconut Sandwich Cookies	Dec	160
Dancing Skeleton Cookies	Nov	168
Decadent Chocolate Fudge Brownies	Feb	103
Demerara Sugar Shortbread	Dec	165
Double-Chocolate Almond Shortbread	Dec	165
Double-Chocolate Sandwich Cookies	Dec	158
Frosted Orange Drops	Jan	95
Ginger Spice Cutouts	Dec	158
Gingersnap Cookies	Dec	172
Gluten-Free Chocolate Brownies	Feb	105
Grandma's Shortbread	Dec	169
Lemon Poppy Seed Teardrops	Dec	159
Lime-Glazed Coconut Butter Cookies	Oct	152
Marbled Peanut Butter Shortbread	Dec	167
Molasses Sugar-and-Spice Icebox Cookies	Jan	95
Monster Face Cookies	Nov	168
Nanaimo Bars	July	102
Oatmeal Chocolate Chip Shortbread	Dec	165
Orange Date Squares	Apr	151
Pecan Dulce de Leche Sandwich Cookies	Dec	158
Pignoli Cookies	Dec	172
Ricotta Cookies	Apr	112
Scotch Shortbread with Sour Cherries	Dec	167
Shaggy Monster Cookies	Nov	168
Walnut Sticks	Jan	95
Zaletti	Oct	163

Desserts

Baked Apples with Cider Butter Sauce	Nov	148
Baked Rum Raisin Rice Pudding	Nov	154
Banana Chocolate Chunk Bread Pudding	Nov	156
Berries with Sabayon	June	90
Bourbon Brown Sugar Ice Cream	Aug	79
Butterscotch Pudding	Nov	153
Cardamom Rice Pudding	Apr	151
Chocolate Fondue for Two	Feb	76
Chocolate Peanut Butter Pudding Cake	Jan	80
Chunky Strawberry Ice Cream	June	132
Coffee Caramel Sundaes	Aug	86
Fresh Strawberry Crêpes	June	131
Grilled Peaches with Ricotta	Aug	75
Ice-Cream Truffles	Aug	84
Lemon Buttermilk Pudding Cake	Nov	156
Light Berry Fool	Apr	128
Mango Swirl Ice-Cream Cake	Aug	86
Mini Mango Swirl Ice-Cream Cake	Aug	86
Mini Plum Puddings	Jan	100
Minty Melon and Blackberries	July	119
Oatmeal Coconut Cookie Ice-Cream Sandwiches	Aug	84
Peach and Blackberry Cornmeal Cobbler	Aug	75
Pear Apple Crisp	Oct	116
Plum Crumble	Sept	107
Sherbet Fruit Pops	Aug	86
Slow Cooker Chocolate Peanut Butter Pudding Cake	Jan	80
Spiced Plum Compote with Prune Plums	Sept	109
Spiced Poire Hélène	Oct	173
Steamed Pumpkin Pudding with Brown Sugar Spice	Nov	158
Strawberry Ice Cream	June	132
Strawberry Rhubarb Compote with Ice Cream	June	88
Tapioca and Spiced Damson Plum Parfaits	Sept	107
Tapioca with Toasted Coconut	Nov	154
Triple Chocolate Cookie Ice-Cream Sandwiches	Aug	84
Yogurt Berry Ice Pops	July	76

Eggs & Cheese

▼ Apple Cinnamon Strata	Dec	114
▼ Asparagus Goat Cheese Omelettes	Apr	98
Canadian Cheddar and Oka Fondue	Oct	150
Canadian Emmenthal and Cheddar Fondue	Oct	150
Cheddar and Leek Soup	Nov	112
Cheddar Cheese Toasts	Nov	114
Cheddar Cornmeal Porridge	Nov	106
Crab and Asparagus Frittata	Nov	118
▼ Dandelion Gratin	May	129
▼ Easy Mushroom Swiss Soufflés	Feb	75
Oyster Omelette	Sept	98
Potted Cheddar with Port	Nov	112
▼ Saag Paneer	Sept	88
Sausage, Bacon and Onion Frittata	Apr	108
Smoked Trout and Shallot Quiche	Dec	117
▼ Watercress Soufflé	May	126

Fish & Seafood

Beer and Bacon-Steamed Mussels	July	93
Beer-Battered Pickerel	June	120
Broiled Trout with Warm Lentil Salad	Dec	95
Cedar-Planked Salmon with Maple-Mustard Glaze	July	95
Crab and Asparagus Frittata	Nov	118
Crab and Sticky Rice	Sept	98
Crab Salad Melts	Nov	118
Crispy Fish Fillets with Tartar Sauce	Mar	104
Crusted Sablefish and Chips	Nov	138
Fennel Couscous-Stuffed Trout	Dec	138
Fish Cake Stir-Fry	Sept	94
Layered Salmon Rice	May	116
Lemon Herb-Rubbed Trout with Fennel Salad	June	86
Linguine with Clams	Feb	74
Linguine with Garlic Shrimp and Sun-Dried Tomato Pesto	Nov	100
Lobster Fettuccine for Two	Nov	117
Lobster with Greens, Fennel and Creamy Citrus Dressing	Nov	120
Mini Lobster Rolls	July	93
Miso-Marinated Salmon	Aug	58
Oyster Omelette	Sept	98
Pan-Seared Scallops with Tarragon White Wine Sauce	Mar	108
Pickerel Burger with Warm Onions	Sept	72
Poached Trout with Brown Butter Sauce	June	122
Salmon Pitas	Apr	114
Sausage-Stuffed Rainbow Trout	June	122
Seafood Caesar Salad	July	87
Seared Scallops with Bacon and Peas	June	94
Shrimp and Leek Dumpling Filling	Feb	100
Shrimp and Vegetable Stir-Fry	Nov	118
Smoked Fish Hash	Mar	112
Smoked Seafood Vol-au-Vent	Dec	96
Smoked Trout and Shallot Quiche	Dec	117
Smoky Scallop Chowder with Bacon	Nov	117
Steamed Halibut	May	102
Tuna Pitas	Apr	114
Vegetable and Tilapia Fajitas	Oct	114

Miscellaneous

Apple Raisin Cranberry Topping	Nov	108
Apricot Honey Compote	Nov	108
Caraway Walnuts	Dec	108
Chinese Chicken Stock	Feb	98
Easy Homemade Chicken Broth	Apr	152
Gingerbread Birdhouses and Bird Ornaments	Dec	177
Gingerbread Cookie Dough	Dec	178
▼ Granola Crumble Yogurt Topper	May	134
Haunted Gingerbread Shack	Nov	162
Homemade Chicken Stock	Apr	147
Homemade Chicken Stock	Oct	127
▼ Homemade Vegetable Stock	Oct	127
Icing	Nov	166
Montreal Steak Spice	July	98
Paprika-Fried Almonds	Dec	108
Roast Chicken Stock	Dec	122

Royal Icing	Nov	164
Sun-Dried Tomato Pesto	Nov	100
Turkey Stock	Oct	139

Pasta & Pizza

Baked Sausage-Stuffed Shells	May	98
Barbecued Chicken Pizza	June	110
Broccoli and Ham Macaroni and Cheese	Mar	105
▼ Cannelloni with Fresh Tomato Sauce	Sept	86
Caprese Pizza with Bacon	June	112
▼ Eggplant Gnocchi with Brown Butter and Pine Nut Sauce	Oct	159
Eggplant Penne Torte	Nov	128
Fiddlehead and Shrimp Pasta	May	131
Fried Rice Vermicelli	Sept	96
Greek-Style Manicotti	Nov	131
Grilled Steak and Onion Pizza	June	108
▼ Grilled Vegetable and Feta Pizza	June	112
Linguine with Clams	Feb	74
Linguine with Garlic Shrimp and Sun-Dried Tomato Pesto	Nov	100
▼ Linguine with Kale and Radicchio	Oct	115
Lobster Fettuccine for Two	Nov	117
▼ Macaroni and Cheese Pappardelle with Creamy Chicken Sauce	May	99
▼ Pasta with Green Beans, Potatoes and Pesto	Apr	99
Potato and Cabbage Egg Noodle Casserole	Nov	126
▼ Rigatoni with Roasted Tomatoes and Beans	May	100
Sausage and Swiss Chard Rigatoni	Nov	126
Slow Cooker Spaghetti and Meatballs	Jan	79
Smoked Salmon Pizza with Marinated Onion	June	108
Spaghetti Carbonara with Prosciutto	May	99
Spaghetti with Tuna, Tomatoes and Capers	Sept	81
Taco Pizza	Mar	104
Tagliatelle with Lemon, Shrimp and Arugula	May	98

Pies & Pastries

Apple Cranberry Hand Pies	Oct	169
Cheesecake Pie with Rhubarb Sauce	June	105
Chicken Samosa Pie	Apr	138
Chili Chicken Pot Pies	Sept	78
Classic Pastry	Dec	138
Classic Peach Pie with Sour Cream Pastry	Aug	77
Cornmeal Pastry	Sept	78
Deep-Dish Plum and Nectarine Pie	Sept	104
Double-Crust Pastry	July	96
Maple Syrup Pie	Mar	136
Mixed Nut Tart	Oct	169
Poacher Pie	Dec	137
Strawberry Rhubarb Hand Pies	June	132
Sweet Ricotta Crostata	Apr	112
Tourtière Turnovers	July	96

Pork

Braised Pork Shoulder and White Beans	Sept	78
Cheddar Maple Mustard Pork Burgers	July	108
Chorizo Hash with Fried Eggs	Dec	114
Cider-Sage Pork Chops	Oct	115
Crown Roast of Pork with Prune and Bacon Stuffing	Dec	137
Grilled Mustard Sage Pork Tenderloin and Potato Salad	June	86
Ham Hock Squash Soup	Oct	122
Italian Meat Loaf	Apr	149
Lemon Mint Pork Tenderloin	Aug	60
Maple Cranberry Ribs	Nov	140
Naked Green Chili Pork Burritos	Apr	116
Pork and Snow Pea Stir-Fry with Cashews	June	98
Pork Chops à la Grand-Mère	Nov	101
Pork Dumpling Filling	Feb	98
Pork Katsu	Dec	94
Pork Kofta Pitas with Tomato Salsa	Sept	74
Slow Cooker Chicken and Sausage Gumbo	Jan	80
Slow Cooker Pork and Black Bean Chili	Jan	79
Southwest Pulled Pork Chili Soup	Oct	122
Spiedi	Oct	161
Tourtière Turnovers	July	96

Poultry, Game & Stuffing

Beef or Bison Kabobs with Montreal Steak Spice	July	98
Beer Barbecue Sauce Wings with Mustard Dip and Crudités	Mar	143
Bocconcini Chicken Burgers	July	108
Braised Korean Chicken Stew	Apr	142
Braised Rabbit with Mustard Sauce	Mar	134
Buffalo-Style Wings with Blue Cheese Dip and Crudités	Mar	139
Chicken and Celery in Mustard Sauce	Feb	92
Chicken and Cornmeal Buttermilk Dumplings	Apr	140
Chicken Crêpes with Morel Mushrooms	Apr	142

Chicken Katsu	Apr	145
Chicken Samosa Pie	Apr	138
Chicken Squash Curry	Nov	102
Chicken with Tabbouleh Salad	July	86
Chili Chicken Pot Pies	Sept	78
Cold Buttermilk Fried Chicken Drumsticks	July	98
Crispy Flour-Dusted Wings with Parsley Dip and Crudités	Mar	140
Crispy Fried Chicken with Basil	Sept	92
Curried Chicken Vol-au-Vents	Apr	150
Honey Garlic Sesame Wings with Tahini Dip and Crudités	Mar	140
Indian-Spiced Wings with Cucumber Coriander Dip and Crudités	Mar	143
Japanese Fried Chicken Leek and Cheese Chicken Breasts	Feb	76
Marmalade-Glazed Chicken Thighs	Aug	59
Nacho Wings with Guacamole Dip and Crudités	Mar	139
Quail with Bacon and Apricots	Nov	142
Roast Turkey with Lemon Herb Butter and Corn Bread Stuffing	Dec	130
Roast Turkey with Walnut Stuffing and Mushroom Gravy	Oct	138
Roast Wild Turkey with Walnut Stuffing and Mushroom Gravy	Oct	138
Roasted Duck with Orange Sauce	Dec	140
Rosemary Garlic Cornish Hens	Dec	95
Slow Cooker Chicken and Sausage Gumbo	Jan	80
Smoked Turkey Squash Soup	Oct	124
Spatchcock Coriander Lemon Chicken	July	104
Spicy Orange Paprika-Grilled Chicken	June	87
Spiedi	Oct	161
Sweet-and-Sour Chicken Kabobs	July	76
Thai-Style Grilled Chicken Salad Wrap	Sept	73
Walnut Stuffing	Oct	138
Warm Spanish Chicken Salad	Oct	116

Preserves

Cherry Raspberry Freezer Jam	July	123
Five-Fruit Marmalade	Feb	80
Grapefruit Ginger Marmalade	Feb	80
Kumquat Marmalade	Feb	83
Meyer Lemon Marmalade	Feb	85
Mixed Berry Freezer Jam	July	123
Seville Orange Marmalade	Feb	83
Wild Blueberry Freezer Jam	July	123

Rice, Grains & Legumes

Baked Beans	June	120
▼ Bean, Mushroom and Wilted Spinach Salad	July	88
▼ Braised Romano Beans and Peppers	Mar	128
Cardamom Rice Pudding	Apr	151

Crab and Sticky Rice	Sept	98	Orange Sesame Spinach Salad with Chicken	Apr	116	Cream of Mushroom Soup with Croutons	Apr	115
✓ Cranberry Pistachio Pilaf	Dec	95	✓ Pomegranate Clementine Frisée Salad	Dec	96	✓ Double Celery Soup	Dec	120
✓ Curried Lentil, Wild Rice and Orzo Salad	July	100	Raspberry Mint Vinaigrette	May	100	Ham Hock Squash Soup	Oct	122
✓ Fennel Pea Risotto	Apr	100	✓ Roasted Pepper and Cheese Tortellini Salad	Mar	118	✓ Hearty Vegetable Soup	Mar	117
✓ Five-Spice Tofu Stir-Fry	Apr	98	✓ Roasted Two-Potato Salad	June	103	Hungarian Bean Soup	Mar	131
✓ Gardener's Pie	Mar	105	✓ Romaine Salad with Lemon Vinaigrette	Dec	112	Iced Lettuce and Pea Soup	June	98
✓ Green Bean and Barley Salad	July	100	Seafood Caesar Salad	July	87	Italian Easter Soup	Apr	110
Hungarian Bean Soup	Mar	131	✓ Soba Noodles with Pea Shoots and Shiitakes	June	96	✓ Italian Vegetable Marrow Stew	Aug	69
Lima Bean and Lamb Stew	Mar	126	✓ Summer Vegetable Salad with Sherry Vinegar Dressing	Aug	72	✓ Leek and Lentil Soup	Oct	120
Porcini Risotto	Oct	163	✓ Three-Pea Salad	June	98	Oyster Soup with Sherry Cream	Dec	124
Quick Pilaf	Feb	76	✓ Tropical Fruit Salad	Dec	111	✓ Peasant Soup	Apr	99
✓ Roasted Cauliflower Risotto	Sept	81	✓ Warm Black-Eyed Pea and Fennel Salad	Mar	126	Potato Mushroom Goulash	Oct	124
Risi e Bisi	June	96	Warm Spanish Chicken Salad	Oct	116	Roasted Garlic and Onion Soup	Dec	122
✓ Smashed Beans on Toast	Mar	127				Slow Cooker Seafood Chowder	Jan	78
Three-Bean and Beef Chili	Apr	115				✓ Slow Cooker Spinach Ravioli Soup	Jan	78
✓ White and Wild Rice Pilaf with Spinach and Walnuts	Dec	132				Smoked Turkey Squash Soup	Oct	124
✓ Whole Wheat Couscous with Parsley	Aug	59				Smoky Scallop Chowder with Bacon	Nov	117
Zucchini Blossom Risotto	Aug	69				Southwest Pulled Pork Chili Soup	Oct	122

Salads & Dressings

✓ Bean, Mushroom and Wilted Spinach Salad	July	88
Broiled Trout with Warm Lentil Salad	Dec	95
✓ Cabbage Salad with Ginger Dressing	Dec	94
✓ Caprese Salad	Sept	86
Chicken with Tabbouleh Salad	July	86
Christine's Coleslaw	Nov	141
✓ Classic Coleslaw	June	120
Cobb-Style Salad	Sept	74
✓ Curried Lentil, Wild Rice and Orzo Salad	July	100
Dandelion Salad with Warm Bacon Mushroom Dressing	May	126
✓ Fiddlehead, Pea and Asparagus Salad with Mint Vinaigrette	May	125
✓ Grapefruit and Fennel Salad	Dec	112
✓ Greek-Style Romaine Salad	Mar	106
✓ Green Bean and Barley Salad	July	100
✓ Green Beans with Toasted Sesame Sauce	May	120
Grilled Beef Salad	July	86
✓ Grilled Vegetable Lentil Couscous Salad	June	88
Honey Mustard Vinaigrette	May	100
Lobster with Greens, Fennel and Creamy Citrus Dressing	Nov	120

Sandwiches & Snacks

✓ Barbecue Roasted Almonds	May	134
✓ Chocolate Snacking Granola	May	134
Crab Salad Melts	Nov	118
Flank Steak Sandwich with Pepper Sauce	Sept	73
Fruit-and-Nut Trail Mix	Mar	118
✓ Grilled Eggplant Tomato Sandwich	Sept	72
✓ Masala Snack Mix	May	136
Peanut Chicken Pitas	Mar	118
Pickering Burger with Warm Onions	Sept	72
Pork Kofta Pitas with Tomato Salsa	Sept	74
Salami, Tomato and Cheese Pitas	Mar	118
Salmon Pitas	Apr	114
Thai-Style Grilled Chicken Salad Wrap	Sept	73
Toasted Oat Granola Bars	Mar	122
Tramezzini	Oct	159
Tramezzini with Egg and Artichoke	Oct	159
Tramezzini with Fresh Mozzarella	Oct	159
Tuna Pitas	Apr	114
Vegetable and Tilapia Fajitas	Oct	114

Soups

Asian Chicken Noodle Soup	Apr	150
Beef and Cabbage Borscht	Oct	124
Beet Soup with Smoked Sausage	Mar	121
Bicol-Style Philippine Mussel Soup	Oct	120
Bok Choy, Mushroom and Tofu Soup	Feb	96
Carrot Potage	Mar	133
Cheddar and Leek Soup	Nov	112
Chicken and Clam Soup	Sept	100
Chicken Consommé with Chive Crêpes	Apr	140
Chicken Consommé with Mini Choux Puffs	Dec	120
Chilled Zucchini Buttermilk Soup	Aug	72
Chunky Vegetable Barley Soup	Sept	78
Cornish Hen Broth with Watercress	May	125

✓ Double Celery Soup	Dec	120
Ham Hock Squash Soup	Oct	122
✓ Hearty Vegetable Soup	Mar	117
Hungarian Bean Soup	Mar	131
Iced Lettuce and Pea Soup	June	98
Italian Easter Soup	Apr	110
✓ Italian Vegetable Marrow Stew	Aug	69
✓ Leek and Lentil Soup	Oct	120
Oyster Soup with Sherry Cream	Dec	124
✓ Peasant Soup	Apr	99
Potato Mushroom Goulash	Oct	124
Roasted Garlic and Onion Soup	Dec	122
Slow Cooker Seafood Chowder	Jan	78
✓ Slow Cooker Spinach Ravioli Soup	Jan	78
Smoked Turkey Squash Soup	Oct	124
Smoky Scallop Chowder with Bacon	Nov	117
Southwest Pulled Pork Chili Soup	Oct	122
Turkey Meatball Soup	Mar	106
✓ Wild Leek and Potato Soup	May	129

Vegetables

✓ Baby Bok Choy with Shiitake Mushrooms	Aug	58
✓ Baked Tomatoes	Mar	114
✓ Braised Tofu Napa Nabe	Nov	101
✓ Buttermilk Smashed Potatoes	Feb	75
✓ Carrots with a Moroccan Twist	Nov	148
✓ Creamed Corn	June	120
✓ Crispy Smashed New Potatoes	Dec	143
✓ Fried Potatoes and Onions	June	122
✓ Fried Zucchini Blossoms	Aug	70
✓ Ginger Lemon Carrots	Nov	148
✓ Green Beans and Mushrooms	June	105
✓ Grilled Bamboo Shoots	May	120
✓ Italian Vegetable Marrow Stew	Aug	69
✓ Kelp with Szechuan Peppercorns	Feb	92
✓ New Potatoes and Sugar Snap Peas	Feb	74
✓ Pattypan Skewers	Aug	69
✓ Potato Fennel Gratin	Dec	143
✓ Roasted Carrots with Mustard Vinaigrette	Dec	132
✓ Roasted Cauliflower Risotto	Sept	81
✓ Roasted Harvest Vegetables	Oct	115
✓ Roasted Lemon and Mustard Potato Wedges	Dec	146
✓ Saag Paneer	Sept	88
✓ Sautéed Brussels Sprouts	Dec	129
✓ Sautéed Carrots and Gobo	May	120
✓ Spinach and Mushroom Vegetarian Dumpling Filling	Feb	100
✓ Steamed Savoy Cabbage with Sage Butter	Oct	140
✓ Stir-Fried Vegetables	Nov	102
Sweet Potato and White Turnip Purée	Oct	140
✓ Sweet Potato, Celeriac and Apple Purée	Dec	144
✓ Sweet Potato Fries	Nov	138
✓ Tricolour Quinoa	Nov	140
✓ Twice-Baked Potatoes with Onion Horseradish Filling	Dec	144
✓ Two-Potato Pancake	Dec	146
Winter Vegetable Stew	Dec	134